

<b>Title</b>	Sex and Relationship Education
<b>Associated Policies</b>	<ul style="list-style-type: none"> <li>• Student Care and Welfare (TPO/STU/06)</li> <li>• Online Safety (TPO/STU/12)</li> <li>• Safeguarding and Child Protection (TPO/HS/05)</li> </ul>

REVIEWED: JANUARY 2018

NEXT REVIEW: JANUARY 2021

## 1. Policy Statement

- 1.1 Sex and relationship education forms an integral part of Personal, Health and Social Education (PHSE) and Citizenship programmes.
- 1.2 The Trust provides sex and relationship education for all students encouraging a regard for the moral considerations and values of a range of different family lives. The programme will be appropriate to the maturity and individual needs of students at various stages of their development.
- 1.3 Sex and relationship education prepares students for adult life as parents and responsible individuals in society. The quality of relationships, values, standards, personal responsibility and factual information including the physical and moral aspects of sex and relationships are all of equal importance.
- 1.4 Opportunities are provided for honest and sensitive discussion of a broad range of issues and answering questions with an awareness to individual needs and levels of awareness.
- 1.5 Staff, including, welfare and social workers, health visitors, doctors and any others with expertise to offer in this area of education, may be approached and asked for advice in sexual behaviour. In such circumstances students should be advised to seek advice from parents.
- 1.6 No member of staff who feels unable to deliver aspects of the sex education programme will be asked to do so. When training and advice is requested it will be provided. Professional support will always be available if and when required.

## 2. Who does this policy apply to?

- 2.1 This policy applies to all Trust teaching staff involved in the preparation and delivery of the Sex and relationship education programme with Trust staff supporting the implementation.
- 2.2 Support staff with responsibility for student care must be aware of the policy and the potential implications of raised awareness of issues on individual students.

## 3. Who is responsible for carrying out this policy?

- 3.1 The implementation of this policy will be monitored by the Trust Board designated to local Governing Bodies' and remain under constant review by the Safeguarding Review Group.
- 3.2 The Head of Citizenship/equivalent in each school is responsible for co-ordinating and developing the Programme of Study for PHSE and Citizenship to ensure that the sex and relationship education programme is consistent with the principles outlined in this policy.
- 3.3 Individual teachers are responsible for ensuring that the programme of study is delivered in accordance with the detailed schemes of work to ensure that all students have equal access to sex and relationship education relevant to their needs.

## 4. What are the principles behind this policy?

- 4.1 All students have the right to access a broad and balanced curriculum in PHSE which supports their individual development and enables them to participate in and contribute to a range of healthy, secure and active relationships.

- 4.2 All students have the right to participate in and discuss a range of issues which may arise as a result of the sex and relationship education programme (this may include: peer on peer abuse (see appendix 1); self-harm; LGBTQ; sexual harassment and violence; child sexual exploitation).

## 5. Procedures

- 5.1 Parents are informed through Programmes of Study when sex and relationship issues will be discussed formally within the curriculum.
- 5.2 Parents are encouraged to discuss with the individual Academy matters relating to sex and relationship education and inform the Academy of any specific issues or individual needs relevant to their daughter/son.
- 5.3 If parents wish to exercise their right to withdraw students from the sex and relationship education programme they should speak directly to the Principal of the individual Academy. Appropriate measures will be taken to ensure that their wishes are accepted.
- 5.4 In the event of student being withdrawn from the sex and relationship education programmes all staff should be made aware of this and take appropriate action whenever sexuality may be discussed in lessons.
- 5.5 In Science lessons the physical process of reproduction will be taught to all students in line with the National Curriculum. Parents do not have the right to withdraw their child from this aspect of sex education.

## 6. Policy Review

- 6.1 This policy will be reviewed annually as part of the Trust's internal review.

## Appendix 1 – What is involved in Relationship Abuse?

<p><b>Emotional abuse</b></p> <ul style="list-style-type: none"> <li>• Constant insults and name calling</li> <li>• Isolation from friends and family</li> <li>• Controlling what someone wears or where they go</li> <li>• Checking up on partners all the time (inc. checking emails, texts, social networking sites etc.)</li> <li>• Making the person feel responsible for the abuse</li> </ul>	<p><b>Physical abuse</b></p> <ul style="list-style-type: none"> <li>• Hitting, punching, pushing, biting, kicking, using weapons etc.</li> </ul>
<p><b>Sexual abuse</b></p> <ul style="list-style-type: none"> <li>• Forcing someone to have sex</li> <li>• Unwanted kissing or touching</li> <li>• Being made to watch pornography against your will</li> <li>• Pressure not to use contraception</li> </ul>	<p><b>Financial abuse</b></p> <ul style="list-style-type: none"> <li>• Taking/controlling your money</li> <li>• Forcing people to buy them things</li> <li>• Forcing partners to work or not to work</li> </ul>

Warning Signs of Relationship Abuse might include:

<ul style="list-style-type: none"> <li>• Physical signs of injury/illnesses</li> <li>• Truancy, failing grades</li> <li>• Withdrawal, passivity, being compliant</li> <li>• Changes in mood and personality</li> </ul>	<ul style="list-style-type: none"> <li>• Isolation from family and friends</li> <li>• Frequent texts and calls from boyfriend/girlfriend</li> <li>• Inappropriate sexual behaviour/language/attitudes</li> </ul>	<ul style="list-style-type: none"> <li>• Depression</li> <li>• Pregnancy</li> <li>• Use of drugs/alcohol (where there was no prior use)</li> <li>• Self-harm</li> <li>• Eating disorders or problems sleeping</li> <li>• Symptoms of post-traumatic stress</li> <li>• Bullying/being bullied</li> </ul>
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